of British Columbia



sentinel

A publication of the College of Dental Surgeons of

British Columbia for dentists and certified dental assistants

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Questions and Answers About Botox®



The use of Botulinum Toxin Type A (i.e. Botox®) is a popular topic in the media today. Dentists as well as the news media frequently contact the College to ask about the use of this drug in dentistry. This column answers the most commonly asked questions.

Are dentists allowed to inject Botulinum Toxin Type A?

This is a Schedule 1 medication, and, like all Schedule 1 medications, may

be prescribed and administered **only** within the scope of practice of dentists. It is the responsibility of each dentist to ensure that he or she has the skills, knowledge and competencies to safely prescribe and administer any drug. In addition, the dentist must do so in accordance with College guidelines.

What are the expectations for a dentist administering a Schedule 1 medication, including Botox®?

The following expectations must be met in order for the dentist to prescribe or administer Schedule 1 drugs:

 the patient is a "patient of record" in their dental practice;

Any prescription or administration of Schedule 1 drugs without adhering to these expectations is not permitted.

continued on page 3



President's ReportDr. Ash Varma

Spirit of Collaboration

ollaboration is a cornerstone of the College's approach to involvement in issues that are shaping the regulation of dentistry.

It is in this spirit of collaboration that Council, the elected officers and the Registrar have been working and communicating with dental organizations in B.C. and across Canada.

- We value having been asked to meet with local component societies so that we can keep members up to date about our activities and regulationrelated issues.
- We have strengthened our relationship with the BC Dental Association so that, where it is appropriate to do so, we partner on specific programs. An example of this partnership is currently underway with the development of resources to help dentists address afterhours emergencies.
- We have worked closely with the College of Dental Hygienists of B.C. on creating a framework to deal with government-mandated changes to the 365-day Rule.

• We continue to meet regularly with the Certified Dental Assistants of BC to discuss issues of common interest.

We continue striving to be thoughtful, approachable and respectful as we work to regulate dentistry in B.C. in the public interest.

Our role as a regulator also entails working with the Faculty of Dentistry at UBC. College representatives participate in meetings of the Faculty Council, the Curriculum and Teaching Effectiveness Committee, and the Dean's Advisory Committee. Our overall aim is to identify common issues and solutions as both organizations strive to ensure the provision of quality dental treatment and oral health care.

Nationally, we are closely involved with our counterparts in other provinces via the Canadian Dental Regulatory Authorities Federation (CDRAF) on issues such as labour mobility, including foreign credential recognition, and various other issues that impact all dental regulators in Canada.

We continue striving to be thoughtful, approachable and respectful as we work to regulate dentistry in B.C. in the public interest. We always welcome feedback and questions and I encourage you to contact College staff if you would like further information about any College program or initiative. I am also always available to speak with College registrants about questions they may have or topics they would like to discuss with me in my role as President.

Tough Topics for Dentists: Challenges in Practice

Pacific Dental Conference 2009



Friday, March 6, 8:30 – 11:00 am Convention Centre

www.cdsbc.ora

entists deal with difficult situations every day and the answers are almost never black and white.

Even the most experienced practitioner can be challenged by what to do about patients living with domestic violence, teens with substance abuse problems, or how to cope with unexpected treatment failures. Professional boundaries, requirements for informed consent and protecting patient confidentiality are just a few of the other "must know" topics covered in this interactive workshop.

It takes a team to treat a patient. Dentists and all team members are welcome at this case study-style session.

College of Dental Surgeons



of British Columbia

Regulating dentists and certified dental assistants in the public interest

continued from front cover

- the prescription/administration of the drug is part of a comprehensive dental treatment plan;
- the patient has received a comprehensive dental examination within a reasonable time period;
- the patient has completed a full medical history and has been assessed to be a suitable candidate for the recommended treatment or prescription; and
- treatment takes place in an appropriate clinical setting.

What about the use of dermal fillers, are these permissible?

No. Dermal fillers are not Schedule 1 medications and are therefore not included in the scope of practice for dentists in B.C. and, as a result, may not be prescribed or administered by them.

What training should a dentist have in administering Botox®?

Dentists are responsible for ensuring that any courses they take in preparation for prescribing or administering any Schedule 1 drug provides them with the knowledge and skills necessary to administer these drugs safely. It is up to each registrant to self assess whether a course meets these requirements, and whether additional courses are required.

Are dentists covered under liability insurance for the administration of Botox®?

It is ultimately the dentist's responsibility to be properly insured and ensure they are competent and qualified to perform any procedure or treatment they undertake. As with all Schedule 1 drugs, however, the administration of a drug must be in the context of the dentist's scope of practice.

Prescribing or administering Botox® outside the parameters outlined in this article or prescribing substances that are outside a dentist's scope of practice, such as dermal fillers, could have an impact on a dentist's liability insurance. It is advisable that dentists check with their insurance provider if there are any questions about coverage.



Registrar's Report Heather MacKay

Coming Soon: Regulation under the HPA; National Initiatives Impact Dentistry in B.C.

Bylaws and the HPA

This spring, we will achieve a significant milestone for dentists and certified dental assistants in B.C. We have been updating you for the past few years about our progress toward regulation under the umbrella legislation of the *Health* Professions Act (HPA). I am pleased to inform you that government has formally announced that our transition to the HPA will take place on April 3, 2009. This means that as of April 3, the *Dentists Act* and Rules will be repealed and replaced by the Health Professions Act, the Regulations, (which outline use of title and the scope of practice for dentists) and the Bylaws, which replace the Dentists Act Rules.

Generally, it is expected that this transition will have minimal impact on dentists and CDAs in daily practice. There will, however, be some changes that dentists and CDAs will need to become familiar with over time. Most of these changes are related to how the College conducts its business, but others may impact some aspects of the practice of dentists or CDAs.

I am pleased to inform you that government has formally announced that our transition to the HPA will take place on April 3, 2009.

We will be providing you with more information in the coming weeks about changes resulting from this transition. In the interim, here are just a few highlights:

- The "practice of dentistry" will be defined in the Dentists Regulation through a description of "restricted activities" that dentists will be allowed to perform within their scope of practice.
- For CDAs, the existing List of Duties that can be performed will be redefined to be more flexible and reflective of current practice.
- We will be required to make more information available to the public about the registration status of dentists

and CDAs and the outcome of complaint investigations and disciplinary proceedings.

 Our existing Inquiry Committee will be renamed the "Discipline Committee," and the Practice Standards and Professional Conduct Committees will be replaced by an "Inquiry Committee."

National Action, Local Impact

Our regulatory boundaries and responsibilities are provincial, but over the past year, that scope has broadened as we have become increasingly involved in national issues that will impact dentistry in B.C. and across Canada.

Labour mobility and the development of a process to assess the qualifications of internationally trained dentists are the most significant of these issues, both of which have been priorities of our federal and provincial governments for a number of years.

It is anticipated that government will bring amendments to Chapter 7 of the federal Agreement on

Internal Trade (AIT) into force this spring. Chapter 7 focuses on Labour Mobility, the goal of which is to enable any qualified worker (including professionals) in an occupation in one province or territory to access similar employment in other Canadian jurisdictions without barriers.

In January, members of the Canadian **Dental Regulatory Authorities** Federation (CDRAF) met and reached an agreement in principle that will ensure consistent processes for dentists to ensure labour mobility between provinces. This will help assure the public that their dentist meets the standards required in each province to deliver safe, competent dental care and will comply with the requirements of the AIT.

As described on page 8 of this issue, labour mobility for CDAs is addressed in the recently signed Mutual Recognition Agreement.

We are also continuing our work to develop a national process to assess and recognize the credentials of internationally trained dentists. Along with our counterpart in Ontario, we are in the process of spearheading an application on behalf of the CDRAF to ask the federal government for funding to assist with this initiative.

Competition Bureau Looks at Dentistry

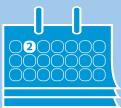
You may have heard that dentistry is the subject of a national study by the Federal Competition Bureau. The study will look at regulatory and business practices affecting the profession and analyze their potential economic impact to ensure the system of regulation in place delivers the maximum possible benefits of competition to consumers. Each provincial regulatory body will be

Our scope has broadened as we have become increasingly involved in national issues...

responding to the questionnaire issued to us by the Bureau, along with other organizations involved in the profession of dentistry. The Competition Bureau has indicated that the study will be completed sometime this spring.

Each of these initiatives involves detailed conversations with our partner organizations and government agencies, and it's safe to say the level of activity at the College shows no sign of slowing in early 2009.

Reminder: **Licence Renewal** Due 4 pm March 2



In order to maintain a valid licence to practise in B.C., dentists and CDAs must submit

their renewal form and payment to the College by Monday, March 2.

- If your payment is late, NSF or, in the case of CDAs, your credit card is rejected, your licence will be cancelled until all fees and penalties have been paid.
- If your CE cycle ended December 31, 2008, make sure your credits earned to then are up to date. The CE reporting form is available on our website.
- Dentists must indicate they are insured by CDSPI or provide a copy of the certificate from their insurer.

If you have questions, call us or visit the Registration and Licensing section of www.cdsbc.org.

Council 2008/9



Back row, L - R:communiMr. Victor BowmanVancouveDr. Bob McDougallKwantlen

Dr. Jonathan Suzuki Dr. Chiku Verma

Middle row, L – R: Dr. Susan Chow

Mr. Rick Lemon

Mr. Dan De Vita Dr. Karl Denk

Mr. Paul Durose Ms. Leslie Riva

Ms. Lane Shupe

Front row, L – R: Ms. Deborah Folka

Dr. Peter Stevenson-Moore

Ms. Heather MacKay
Dr. Ash Varma

Dr. Bob Coles

Dr. Michael MacEntee

Missing:

has been the director of communications

Ms. Leona Ashcroft
Dr. Lonny Legault

Meet the Newest Council Members



Mr. Dan De Vita

an has worked as a realtor and agent for 25 years, and has been a hotelier for the past 15 years. Dan's educational background includes

a certificate in Business Administration from Malaspina College. He achieved his real estate salesperson designation in 1983 and his agent licence in 1996, both from the University of B.C.

Community involvement is a priority for Dan, who has served on various boards, political associations, clubs and organizations. He was a two-term district director of the BC Chamber of Commerce, a board member and past chair of Powell River Community Futures, as well as past president of the Powell River Rotary Club and vice-president of the Powell River Regional Economic Development Society.

Dan is the proud father of Maria, 18, an aspiring chef, and Angela, 16, an "A" student in Grade 11 who intends to enter the field of education.

Dan and his wife Marian own the Texada Island Inn. When they are not working there together, they enjoy frequent travels to Europe.

public

relations

communications

specialist for over

25 years, Deborah

management

professional

and crisis



Ms. Deborah L. Folka

for a variety of private companies and public sector organizations. She has been an independent consultant since 1993 as the principal of DLF Communications Ltd.

Deborah has significant experience

Deborah has significant experience working with self-regulated professionals, including lawyers, accountants, architects, engineers and dentists.

Deborah holds an undergraduate degree in communications from the University of Washington, a graduate degree in journalism from the University of Arizona and is an accredited member of the Canadian Public Relations Society. She was president of the Canadian Public Relations Society – Vancouver in 1995/6 and has taught

communications at Douglas College, Vancouver Community College, Kwantlen University College and at the University of Arizona.

She is an on-air volunteer for KCTS Public Television in Seattle, and this past year has been working on a pro bono basis with the 10 elite female ski jumpers who have launched a lawsuit to be able to participate in the 2010 Olympic Winter Games.



Mr. Richard Lemon

Rick has more than 30 years' experience in the tourism/hospitality industry. Most recently, he was vice-president of operations

for Tourism British Columbia with direct responsibilities for visitor services and sales, tourism product management, training services and information technology.

A graduate of UBC, he has extensive experience in tourism development specializing in visitor servicing and labour market development. He was responsible for the creation of the SuperHostTM Program, which has become a standard for tourism/hospitality training both in Canada and internationally, and has assisted the industry with a number of successful professional development and human resources initiatives.

Rick has been an adjunct professor at the University of Victoria and at Simon Fraser University in connection with the Salzburg Business School in Austria. He is on the boards of the Canadian Tourism Human Resource Council and Go2 – The Resource for People in Tourism.



Ms. Leslie Riva

eslie likes a challenge: she participates in triathlons, finishing Ironman Canada in 2003, 2005 and 2007. Now Leslie brings that

spirit and determination to her role as one of two certified dental assistants on Council and as chair of the CDA Advisory Committee.

Leslie has worked as a CDA for 25 years, and is a graduate of the Dental Assisting Program at Vancouver Community College.

In 2007, Leslie began teaching parttime in the Dental Assisting Program at Discovery Community College in Campbell River. She was president, and later treasurer, of her local CDA Society.

Leslie has been married for 22 years, has two teenage children, and likes to relax by reading and golfing – that is when she's not working, teaching or training, of course. She lives in Qualicum Beach.



Ms. Lane Shupe

ane's career in dentistry started in 1973 with Dr. Bill Jones in Kelowna. She fell in love with the profession and went on to graduate from the

Okanagan College Certified Dental Assisting Program as class valedictorian in 1981. Lane later achieved her business diploma and Certified Meeting Planning Certificate.

In her 35-year career she has served as president of the Kelowna Dental Assistants' Association, the Certified Dental Assistants Society of BC and the Canadian Dental Assistants' Association. Lane is no stranger to the College, having participated on many committees and task forces over the years, including two years on Council.

Lane's history of community involvement includes serving as a director on several volunteer boards, including the United Way, Okanagan Symphony, Kelowna Art Gallery and Kelowna General Hospital Foundation. Her passion is fundraising and she has chaired or coordinated special events for the BC Dental Association, BC Children's Hospital, Kelowna General Hospital, Ballet Kelowna and the Central Okanagan Foundation.

Lane shares her life with husband Dr. Ron Shupe, and son Spencer. They love to golf, ski and travel. Since 1992, Lane's other life partner has been the Thompson Okanagan Dental Meeting, which she coordinates with Alison Hall.



Dr. Jonathan Suzuki

Jonathan has been practising orthodontics in Vancouver and Coquitlam since moving to Vancouver in 1999. He is a graduate

of the University of Manitoba in both Dentistry (1995) and Graduate Orthodontics (1999). He has served on the Practice Standards Committee for the College of Dental Surgeons and is a member of the Professional Conduct Committee. Jonathan was also president of the British Columbia Society of Orthodontists in 2007/08. He is a member of two orthodontic study clubs – in Alberta and B.C. His interests include high-performance driving, golfing and travelling.

continued on page 8

Meet the Newest Council Members

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Dr. Chiku Verma

hiku brings a belief in strong ethics and an interest in the regulatory side of dentistry to his role as Council member.

Chiku graduated from Northwestern University in Chicago in 1994, and received his hospital dentistry training at the Ohio State University Medical Center. During his residency, Chiku served as chief resident and then as an assistant professor to new residents for the next five years.

While in the U.S., he obtained a fellowship in the Academy of General Dentistry, and served on the New Dentist Committee of the Ohio Dental Association, establishing a voice for new graduates. He was also involved with the American Dental Association, Academy of Hospital Dentistry and Chicago Dental Society.

Chiku relocated to B.C. in 2000 and established a practice in Langley. He was an executive member of the Fraser Valley Dental Society and served on the BC Dental Association's board of directors as the Fraser Valley representative. Most recently, he was presented with the honour of membership in the Academy of Dentistry International.

Chiku is married with two children. He stays active by skiing, scuba diving, swimming, playing soccer and squash, and can be convinced to play his saxophone on special occasions.

Sandra Harvey Takes New Role at College



College employee profile

Sandra Harvey

S andra has joined the staff of the College as Manager of Certified Dental Assistant Regulation and Operations, a position created to focus on regulatory matters for B.C.'s 6,500 CDAs.

Sandra was formerly a CDA member on Council and a member of the Quality Assurance and the CDA Advisory Committees.

"CDAs are entering an exciting time with new opportunities for career growth," Sandra says. "As we move from being regulated under the *Dentists Act* to the *Health Professions Act*, new bylaws are being developed that will open doors for CDAs to expand their competencies, which I believe will strengthen our working relationships with dentists.

"I encourage CDAs to contact me with any practice-related questions and also to share their ideas about the evolution of certified dental assisting in B.C., including the addition of duties, the creation of new modules and similar topics," she says.

CDA Labour Mobility Gets a Boost

A II provinces that license Level II dental assistants have signed a revised Mutual Recognition Agreement stating that they will recognize the formally achieved qualifications of Level II dental assistants from outside their own province.

Quebec and Ontario – which do not regulate Level II dental assistants – are signatories, with the understanding that they will also recognize the qualifications of Level II dental assistants wanting to work in those provinces.

The revised Mutual Recognition Agreement will be implemented on or before April 1, 2009 subject to the necessary provincial legislative changes.

Doors Open at Sirona Learning Centre



The renovation was possible through the generous support of the dental industry, the College, individual dentists and the BC Dental Association. The facility redevelopment is worth close to \$2 million.

onstruction and re-equipping of the old study club facility at the College Place building in Vancouver are complete and the new lecture theatre and clinic are being utilized by study clubs again. The facility features 11 state-of-the-art operatories with Sirona equipment. The lecture theatre accommodates 28 participants, is set for widescreen presentation with the latest audiovisual capability and can webcast programs to dentists throughout B.C.

The new facility is available for rental by education groups and study clubs. The renovation was led by the Study Club Alliance of B.C., and managed by its directors Drs. Susan Chow, Robert Elliott, Chris Hacker, Don MacFarlane, Craig Naylor and Mark Norris.

For rates and bookings, contact Janice Campbell, Sirona Learning Centre Coordinator at 604 734-5667 (effective mid-March) or by email at sironalearningcentre@live.com.

College's Financial Support for Sirona Dental Learning Centre

Council is pleased to see the results of the considerable efforts of the Study Club Alliance to renovate the aged lecture and clinic spaces in College Place. The College has contributed \$250,000 to this project, and has provided an additional loan of \$300,000. Council sees this redevelopment as an important contribution to the profession and to the promotion of competence in dental practice.

Dental Chairs Given New Life

To make way for construction of the new facility, the College needed to remove all existing materials and equipment from the old study club clinic, including 12 dental chairs.

Fortunately, those dental chairs found new homes. Three were installed at the Downtown Eastside Walk-in Dental Clinic in Vancouver. The clinic provides free dental care, primarily focused on pain relief, by volunteer dental professionals.

The remaining chairs were picked up by the Rotary World Help Network (RWHN), which planned to send two chairs to Uganda and the remaining seven to the Philippines. The RWHN is a charitable organization that coordinates the shipment of educational, humanitarian and medical supplies to countries in need.

Council Highlights > December 13, 2008

Dental Clinic Update

An agreement has been reached with the Study Club Alliance for the overall management of the renovated Sirona Learning Centre at College Place.

Legal Update

Heather MacKay, Registrar, provided a summary of College complaints. She noted that requests under the Freedom of Information Act have decreased. This may be due to the College making an effort to provide, in closing letters, complainants with a fuller explanation of the process that has taken place.

College Finances

Peter Stevenson-Moore, Treasurer, confirmed the College's positive financial position. Council received monthly and annual financial and monitoring reports. The College's Expense Policy was amended to change honorariums being paid to members of discipline committees when attending multi-day hearings.

The 2009/10 annual practising licence fee for dentists will remain the same as in 2008/9 at \$2,483. Fees for certified dental assistants will also remain

The 2009/10 operating budget was approved. It was developed using a new, streamlined budgeting system that increases overall efficiency and financial accountability.

Health Professions Act and Bylaws

Council approved changes to the College's draft Bylaws based on stakeholder consultations and additional feedback from government.

The Ministry of Health asked the College to confirm which of its current elected and public Council members wish to be considered for appointment to the College's first Board as part of the transition to regulation under the Health Professions Act.

Dental Hygiene – 365-day Rule

Council approved the adoption of a framework, underlying principles and policies for a new model that will address government's intent to replace the 365-day Rule with an alternative that ensures patient safety while allowing for greater freedom of choice and increased access to care. The framework was jointly developed by the College and the College of Dental Hygienists in consultation with other stakeholders, including the member services associations for dentists and for dental hygienists.

Awards Committee

The Awards Committee's recommendation to honour the following individuals for their contributions to the College and the profession was approved:

Honoured Member Award

Dr. John Fraser

Distinguished Service Award

Ms. Kathy Boyd

Ms. Lynn Carter

Dr. David Kennedy

Dr. Bill McNiece

Award of Merit

Ms. Maureen Leech

Dr. Bernie Legato

Dr. Ed O'Brien

Mr. Bill Phillips

Dr. Miriam Rosin Mr. Clayton Shultz

Dr. Michele Williams

They will be recognized at the College's annual Awards Ceremony on Thursday, March 5, 2009 at the Fairmont Waterfront Hotel at 6:00 pm. Council also approved the Awards Committee's recommendation that it consider presenting immediate past president Dr. Peter Lobb with a Distinguished Service Award.

CDA Advisory Committee

Prosthodontic Module

Council asked the CDA Advisory Committee to provide further information regarding the proposal that the fabrication of implant and veneer provisional restorations be added to the Terms of Reference of the Prosthodontic Module Working Group.

Supervision for Clinics in **Educational Settings**

Council approved the recommendation of the CDA Advisory Committee to return to the original motion approved by Regulatory Quorum in 1993 that reads, "In a formal educational setting, a licensed dentist, a licensed dental hygienist, or a licensed certified dental assistant may supervise, instruct and evaluate all prescribed treatment provided that a licensed dentist, or a licensed dental hygienist, reassess the patients when they present for coronal polishing and fissure sealants."

Minimal and Moderate Sedation Guidelines Working Group

Dr. Dick Machin was appointed to the Working Group.

Canadian Dental Regulatory Authorities Federation (CDRAF)

B.C. will be hosting the CDRAF national meeting on October 29 and 30, 2009 in Vancouver.

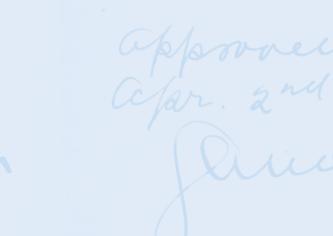
Agreement on Internal Trade (AIT) Update

Working on behalf of the CDRAF, the College, along with the Royal College of Dental Surgeons of Ontario, applied for and received funding from the federal government for a meeting of its members on January 23 and 24. The purpose of this meeting is to ensure harmonization between the requirements of the Labour Mobility Chapter of the AIT and the need for consistent registration requirements for dentists across Canada.

College Place Update

The College Place Joint Venture is conducting an engineering and mechanical assessment of the aging building. Council will receive recommendations for upgrading at its February meeting.

unchanged at \$100.







IN BRIEF

No Council Election in 2009

Under the *Health Professions Act*, the government will appoint a "first board" for the College, effective April 3, 2009. The first board will consist of the current members of Council, who will hold office until July 1, 2010. This means the College will not hold elections for dentists or selections for CDAs in 2009.

Two Complaints Investigators Join College

Dr. Cathy McGregor and Dr. Garry Sutton have joined the College complaints team on a part-time basis. They will assist the Deputy Registrar in the timely investigation and resolution of complaints.

Bisphosphonate Recommendations Updated

The Council on Scientific Affairs of the American Dental Association recently updated its recommendations for the management of patients on oral bisphosphonate therapy. The ADA's recommendations regarding bisphosphonate-associated osteonecrosis of the jaw are available online at www.ada.org/prof/resources/topics/osteonecrosis.asp.
Note that the College does not formally

Note that the College does not formally endorse this reference but provides it for readers' information.

Making Contact

There may be times when we need to urgently reach you about a product recall, a major public health issue or specific College business. It is your professional responsibility to ensure we have your current address, phone number and email address. Contact information can be updated online in the "Registrants" section of **www.cdsbc.org** or by contacting our receptionist at the phone number listed at right.

Procter & Gamble CE Credit

Note that the online self study courses offered through Procter & Gamble Dental ResourceNet are eligible for one credit per course only.

Pharmacists' Expanded Scope to Renew, Adapt Prescriptions

A s of January 1, B.C. pharmacists have an expanded scope of practice that allows them to renew or adapt existing prescriptions in certain circumstances. To find out more about the implications of this

change for prescribers, pharmacists and patients, read the in-depth interview with the Registrar of the College of Pharmacists of BC, Marshall Moleschi, at www.cdsbc.org.

Regulating dentists and certified dental assistants in the public interest.

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Readers' questions, comments and content suggestions for *The Sentinel* are welcome and may be forwarded to the Editor, c/o the College.

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The Sentinel and other communications circulated by the College are the primary sources of information about regulation for dentists and certified dental assistants in B.C.

Registrants are responsible for reading these publications to ensure they are aware of current standards, policies and guidelines.